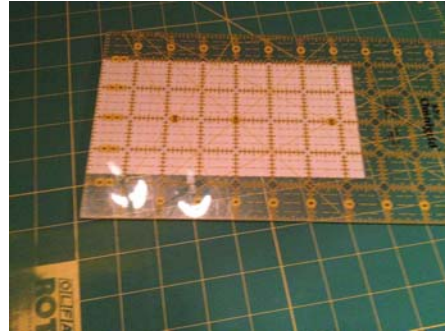


Weighted Blanket - Pellet Pocket Instructions

Materials / Supplies Needed:

- White or off-white Muslin
- Sewing machine
- Thread for machine, scissors, rotary cutter, cutting mat, rulers

1. Cut the muslin into rectangles 3.75" x 7.5".



2. Fold the muslin in half to form a square.



3. Sew the pocket closed on three and a half sides, leaving at an opening of appropriately 1½ inches

